



PSHE Overview
Online Safety
Year Group: 1
Term: Spring 1

Protected Characteristic Links: • age • disability • marriage and civil partnership • pregnancy and maternity • race • religion or belief • sex • sexual orientation

British Values Links: • democracy • the rule of law • individual liberty • mutual respect • tolerance of those of different faiths and beliefs.

We Are Learning to:

Understand that there may be people online who could make me feel sad, embarrassed or upset and that I should ask for help when things upset me.	Know and understand rules to keep myself safe when using technology both in and beyond the home.
Know what information is personal to me and what information is safe to share online.	Understand how to behave online in ways that do not upset others and be able to give examples.
Know to talk to an adult if I'm unsure of what information I should share.	Understand why it is important to be considerate and kind to people online and to respect their choices.



Useful conversations to have at home:

- Discuss what children should do if something makes them feel sad/embarrassed or upset online.
- Talk about things that they enjoy doing when they are online.
- Talk about people that can help them when needed while online.
- Any information that you would be happy for your child to share online and information that you do not want them to share with others.
- Find out who the children are friends with or communicate with when online.

