

PSHE Overview
BULLYING MATTERS

Year Group: Year 3 Term: Autumn 2

Protected Characteristics: Disability, race, religion or

belief, sex

British Values: Individual Liberty, Mutual Respect,

Tolerance

W	e	Ar	e Le	ear	niı	ng	to:	

Recognising the importance of seeking support if feeling lonely or excluded.	Identifying positive strategies that may help to resolve disputes in friendships.					
Recognising if a friendship (online or offline) is making them feel unsafe or uncomfortable.	Recognising the impact of bullying and the consequences of hurtful behaviour.					
Suggesting strategies to respond to hurtful behaviour.	Discussing what discrimination means and how to challenge it.					
Recognising that our own behaviour can affect other people.						

Useful conversations to have at home:

Talk about what positive and negative relationships look like.

Talk about kind and unkind words and actions and how they can make people feel.

Talk about how to respond to hurtful behaviour.

