

PSHE Overview – Being Me

Year Group: Year 6

Term: Autumn 1

Protected Characteristics: age, disability, marriage and civil partnership, pregnancy and maternity, race, religion

or belief, sex, sexual orientation

We Are	Learning to:
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Identify the different groups that make up their community.	Identify what contributes to who we are.
Describe the different contributions that people/groups make to the community.	Recognise that our own behaviour can affect other people.
Discuss diversity: what it means; the benefits of living in a diverse community; and how we value diversity within our communities.	Respect and recognise the differences and similarities between people.
Recognise behaviours/actions which discriminate against others and ways of responding to it if witnessed/experienced	Listen to and respond respectfully to a wide range of people.
Recognise positive things about themselves/achievements and can set goals.	

Useful conversations to have at home:

What activities happen in my community?

What communities am I apart of?

How do we deal with discrimination and hate?

Discuss content in the news where you may see behaviours/actions which show discriminative behaviour against others.

 Talk about goals that you had growing up, how you achieved them, did they change as you got older?

 Talk about achievements and proud moments in your family.