

PSHE Overview: Changes

Year Group: Year 2 Term: Summer 1

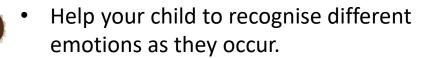
Protected Characteristics: Marriage and Civil

Partnership

We Are Learning to:	
 Recognise that feelings can affect the way we think, feel and behave. 	 How to manage when we find things difficult.
 Identify ways to manage big feelings. 	 Explain how people's needs change as thy grow from young to old.
 Recognise when we need help and understand how to ask for help. 	 Name all the parts of male and female bodies using the correct terminology.
 Identify feelings associated with change and loss. 	

Useful conversations to have at home:





- Help your child to find strategies to manage uncomfortable emotions.
- Name the different parts of their bodies using the correct terminology.

