



PSHE Overview: Changes

Year Group: Year 2

Term: Summer 1

Protected Characteristics: Marriage and Civil Partnership

We Are Learning to:	
<ul style="list-style-type: none"> Recognise that feelings can affect the way we think, feel and behave. 	<ul style="list-style-type: none"> How to manage when we find things difficult.
<ul style="list-style-type: none"> Identify ways to manage big feelings. 	<ul style="list-style-type: none"> Explain how people's needs change as they grow from young to old.
<ul style="list-style-type: none"> Recognise when we need help and understand how to ask for help. 	<ul style="list-style-type: none"> Name all the parts of male and female bodies using the correct terminology.
<ul style="list-style-type: none"> Identify feelings associated with change and loss. 	



Useful conversations to have at home:

- Name and discuss different emotions.
- Help your child to recognise different emotions as they occur.
- Help your child to find strategies to manage uncomfortable emotions.
- Name the different parts of their bodies using the correct terminology.

British Values: Individual Liberty, Mutual respect, tolerance of those with different faiths and beliefs.

