

PSHE Overview: Being Me

Year Group: Year 2 Term: Autumn 1

Protected Characteristics: Age, Disability, Race

and Religion or belief, Sex.

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We Are Learning to:	
Recognising the different groups they belong to.	Identifying the ways in which we are all unique
Identifying that everyone has different strengths.	Identifying what they are good at, what they like and dislike.
Recognising the ways in which they are the same and different to others.	
Recognising what makes them special.	

British Values: Individual Liberty, Mutual respect, tolerance of those with different faiths and beliefs.

Useful conversations to have at home:



- Talk about what strengths your child has.
- Talk with your child about what they like and dislike.
- Talk to your child about ways we are all unique.
- Talk to your child about how it is good to be different.

