Where does food come from?

Please choose a different activity each week.



Use a fruit or vegetable to print a pattern in your book.



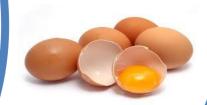


Look at www.foodafactoflife.org.uk website. See what information you can eating and farming.

find out about healthy



Plant some food to grow at home. This could be as simple as Keep a cress. seed diary as your food develops.



Try a new food from a different culture. Write down your experience.

Find 10 foods in the supermarket that come from the same country. Write what they are and draw/ photograph them.



