



#### **CHANGES**

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
Knowledge: About Loss and Change	Knowledge: About Loss and Change	Knowledge: About Loss and Change
SKILLS     Identify examples of loss and change.     Begin to recognise that loss and change	Recognise that loss/change are a normal part of life.	Explore that loss, bereavement and change are part of the human life cycle.
can affect the way we think, feel and behave.  • Understand that changes can produce big feelings.	Describe how change and loss, can affect feelings, thoughts and behaviours.     Recognise that feelings associated with loss/change can change over time and range in	Understand that change and loss, including death, can create feelings and behaviours that are not the same for everyone.      Recognise that internal conflicting emotions
	intensity.	can be normal when dealing with loss and change.
Skills: Managing Loss and Change	Skills: Managing Loss and Change	Skills: Managing Loss and Change
Identify feelings associated with loss and change. Recognise some simple ways to prepare for change/transition. Identifying different things that may help to manage big feelings. Talk about some ways to help others when they are affected by change. Know that it is important to talk to someone if you are worried. Identify people who can help us if we feel worried/unhappy.	Use a varied vocabulary when talking about feelings associated with loss and change.     Identify self-help strategies and the importance of support when preparing for change/transitions.     Describe everyday things that affect feelings and understand the importance of expressing feelings.     Develop some ways of responding to others and showing suppport if they are affected by loss/change.     Know why it is important to talk about our feelings and not bottle them up.     Know who to talk to if you are worried or	Describe a range of emotions and intensities associated with loss and change.     Identify problem solving strategies to manage transitions between classes and key stages.     Identify strategies to respond to feelings, including intense or conflicting feelings.     Recognising the signs when someone may be struggling and understand how to seek support.     Explore some barriers to asking for help and some ways to address them.     Know who to talk to and where to go for help.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	have strong feelings.  OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
To describe how they feel if they lose something e.g. a favourite toy To describe how a child might feel if their parents get divorced To give three things they could do when they are worried about a change happening. To explain how their needs have changed from a baby to now.	To identify their internal and external responses to changes they experienced when moving from key stage 1 to key stage 2.  Explain how they would feel in new situations using appropriate vocabulary and explain how they would cope with the feelings.  To understand and respect that people react in different ways to change due to their individual differences and respect this.	<ul> <li>To explain that a feeling can change over time and how feelings may be different in intensity due to individual differences.</li> <li>To explain what grief is and describe a situation when a person might experience this feeling.</li> <li>To describe three ways they have changed during their time at primary school with a focus on achievement.</li> <li>To identify feelings about moving to secondary school and how they might deal with these feelings/who could help them.</li> </ul>
<u>VOCAB</u>	<u>VOCAB</u>	<u>VOCAB</u>
worry excitement loss divorce life cycle	anxiety anticipation fear bravery internal response external response differences	intensity grief bereavement death conflicting emotions transition
Assessment Suggestion Baseline:  When the state of the st	Assessment Suggestion Baseline: In groups of four, create an A to Z of changes. Summative: Add to the A-Z in a different colour any new words Linked to change.	Assessment Suggestion  Baseline:  Record all the stratagles you have if you are faced with challenges or change.  Summative:  Record in a different colour all the strategies you have if you are faced with challenges or change.
PROTECTED CHARACTERISTICS     marriage and civil partnership	PROTECTED CHARACTERISTICS  disability race religion or belief sex	PROTECTED CHARACTERISTICS      disability     race     religion or belief     sex
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul><li>individual liberty</li><li>mutual respect</li></ul>	<ul><li>individual liberty</li><li>mutual respect</li></ul>	<ul><li>individual liberty</li><li>mutual respect</li></ul>
tolerance of those of different faiths and beliefs.	tolerance of those of different faiths and beliefs.	tolerance of those of different faiths and beliefs.





#### **DRUG EDUCATION**

<u>KS1</u>	LKS2	<u>UKS2</u>
Knowledge	Knowledge	Knowledge
• Explore the role of medicines (use when	Describe the different purposes that	Understand that there are rules and laws
we are ill/ prevent illness/ manage a condition.)	medicines have. • Explain the importance of taking	surrounding the use of medicines, drugs and household products.
Understand that household products,	medicines correctly and using household	Reflect on the risks/effects that legal
including medicines, can be harmful if not	products safely.	drugs common to everyday life can have on
used properly.	products sarciy.	health.
Managing risk	Managing risk	Managing risk
Explore that medicines come in different	Describe risk in relation to the use of	Describe some ways in which alcohol,
forms and are used in different ways.	medicines/household products, and	tobacco and other substances can affect
<ul> <li>Understand that things that people put</li> </ul>	suggest what action to take to help	the body/decision making.
into their body or on their skin can affect	prevent or minimise harm.	Explain why some substances are harmful
how they feel.	Explore the possible risks and	for growing bodies.
Talk about some simple rules for staying	consequences of using/misusing legal	Analyse mixed messages in the media
safe around medicines and other	drugs/ household products in everyday	relating and recognise how they might
household substances/products.  • Identify people that they can go to if they	situations.	influence opinions/behaviour.
are ill, worried or to help them stay healthy	Identify a circle of support and how to ask for help.	Identify a range of strategies to better manage situations involving peer
are iii, worried or to help them stay healthy	Demonstrate what to do in an emergency	influence/approval.
	situation	Research reliable sources of information/
	Situation	support for children/adults affected by
		their own or someone else's drug use.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
	,	To understand how:
To describe the four groups that medicines can be split into:	To describe the consequences of using a medicine or a household product incorrectly.	caffeine
1. Prevent illness (Vaccinations).	Give an example of an emergency situation	alcohol
2. Ease pain (Paracetamol).	and what they would do in that situation.	energy drinks
3. Help the body fight illness (Antibiotics).	und what they would do in that situation.	cigarettes
4. Help the body work properly (Insulin).		vapes
and give an example of a medicine from each		can be detrimental to health.
group and the situation it would be used in.		To identify external influences, including peer
<ul> <li>To explain rules for administering medicine;</li> </ul>		pressure, which may affect their decision
who should administer them and how they		making.
are administered.		To know ways of seeking help.
<ul> <li>To identify some household products which could be harmful if not used correctly.</li> </ul>		
VOCAB	VOCAB	VOCAB
medicine, vaccination, pain relief, illness,	emergency, legal drugs, consequence	alcohol, caffeine, energy drinks, cigarettes, vapes
household product	emergency, regar arags, consequence	areonoi, carreine, energy armites, eigarectes, vapes
ASSESSMENT SUGGESTION	ASSESSMENT SUGGESTION	ASSESSMENT SUGGESTION
Assessment Suggestion	Assessment Suggestion	
Ask the children the questions: What are medicines? How do medicines get into the body? Provide a body	Baseline: Provide the children with Resource 1: Page 51.	Assessment Suggestion
outline and ask the pupils to draw/write their response. This could be completed again or added to and also be	AND CAMERA SERVICE AND AND AND CONTROL OF CONTROL AND CONTROL OF C	Provide a question box in the classroom and ask pupils to write down any questions they might have.
used as a summative assessment.  Summative:	What things are good for the body? What things are not	Always take time to look at the questions before
Ask the children to work in pairs. Layla and Luke are at home and find something that looks like a sweet. Ask	good for the body?  Summative:	Summative:
the class to act out what Layla and Luke would do next. Share the reactions of Layla and Luke.	Ask the children to draw round their hand and write down five safety rules they could share with younger	What is a drug? Ask the children to brainstorm the word and then develop a definition. For example, A drug is a substance that can change the way we think, feel and
Discuss as necessary.	CHARLET MODIL WHAT THEY PAVO BARTIL	behave.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
• disability	• disability	<ul> <li>disability</li> <li>age (in terms of this is not a protected)</li> </ul>
		age (in terms of this is not a protected characteristic when age restrictions
		apply e.g. alcohol, vapes and
		cigarettes)
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
the rule of law	the rule of law	the rule of law (age restrictions)
		individual liberty (as an adult, people
		are at liberty to drink alcohol, smoke
		and vape).
		1 /





#### EXPLORING EMOTIONS

KS1	LKS2	UKS2
Knowledge: Exploring Emotions	Knowledge: Exploring Emotions	Knowledge: Exploring Emotions
Name a range of words to describe	Use a wider vocabulary to describe how	Use a varied vocabulary when talking
feelings.	they feel.	about feelings.  • Understand that sometimes we can have
Understand that all feelings are ok.     Understand that feelings can affect how	Describe feelings that can be comfortable/uncomfortable.	conflicting feelings.
our bodies feel and behave.	Recognise that feelings can differ in intensity.	Explain that feelings can change over
		time and range in intensity.
Skills: Recognising Emotions	Skills: Recognising Emotions	Skills: Recognising Emotions
Explore how to recognise different	Explore how everyday things can affect	Understand that feelings can impact our
feelings.  • Talk about how we recognise what others	how we think, feel and behave.	mental and physical health.
might be feeling.	Describe what supports good mental/ physical health.	Recognise the importance of taking care of mental health and wellbeing.
Understand that not everyone feels the	Identify that not everyone feels the same	Discuss the signs that someone may be
same about the same things.	about the same things.	struggling with their mental health.
Skills: Managing Emotions	Managing Emotions	Managing Emotions
Talk about ways to manage big and	Identify strategies that they could use to	Identify strategies that they could use to
uncomfortable feelings.	respond to feelings, including intense or	respond to feelings, including conflicting feelings.
Identify who they can ask for help and can demonstrate how to ask for help.	uncomfortable feelings.  • Understand the importance of not	Record strategies and behaviours that
demonstrate new to dok for help.	bottling up how you are feeling.	support mental health and wellbeing.
	Understand the importance of asking	Explain how to seek support for
	for help if feelings become too	themselves and others.
	uncomfortable.	
OUTCOMES (TO ASSIST SUMMATIVE	Explain how they can access help.  OUTCOMES (TO ASSIST SUMMATIVE)	OUTCOMES (TO ASSIST SUMMATIVE
ASSESSMENT)	ASSESSMENT)	ASSESSMENT)
<ul> <li>To be able to recognise when they feel angry and be able to use a strategy to calm down when they feel like this</li> <li>To identify some scenarios where two friends might need to say sorry.</li> <li>Identify how feelings can affect different parts of their body focusing on the following feelings; happy, scared, lonely, excited, worried, angry, sad,</li> </ul>	To be able to give ways that mental health and physical health are connected and begin to recognise physical signs of experiencing certain emotions. (see vocab) To identify how bullying can make people feel. To describe consequences of not dealing with negative feelings.	<ul> <li>To identify situations where a person might feel embarrassed and the physical and mental reactions to this; understanding the part the brain plays in this.</li> <li>Understand what is meant by conflicting emotions and identify conflicting emotions which might be experienced in different situations</li> <li>To identify how discrimination can affect people's emotions</li> <li>To identify possible risks of excessive screen time on mental health.</li> <li>To become able to maintain good mental health and learn how to cope with their increasing emotions</li> </ul>
<u>VOCAB</u>	<u>VOCAB</u>	<u>VOCAB</u>
happy, scared, lonely, excited, worried, angry, sad, strategy.	consequence, negative feelings, positive feelings, mental health, physical health, jealous, disappointed, proud, lonely, shocked, bullying	resentful, joyful, valued, respected, isolated, ridiculed, infuriated, embarrassed, conflicting emotions
Assessment Suggestion Bavelow: The names of oracities the children know the page 146; Sammatter, Brown the process and repetility the children will come to your harder and control or surely, showing frow their constituent and surely has developed.	Assessment Suggestion Baseline: List ways of dealing with uncomfortable emotions. Summative: Brainstorm all the ways they feel that they can deal with uncomfortable emotions now they have done the work.	Assessment Suggestion Baseline: Independently produce an A-Z of emotions. (See page 135.) Summative: In pairs ask the children to come up with their own Damond 91 (see page 138) reflecting what they have learnt about emotions.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
Disability (hidden diability-mental health)	Disability (hidden diability-mental health)	Disability (hidden diability-mental health)
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
mutual respect     tolerance of those of different faiths	mutual respect     tolerance of those of different faiths	<ul><li>mutual respect</li><li>tolerance of those of different faiths</li></ul>
<ul> <li>tolerance of those of different faiths and beliefs.</li> </ul>	<ul> <li>tolerance of those of different faiths and beliefs.</li> </ul>	tolerance of those of different faiths and beliefs.





#### **BEING HEALTHY**

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
FACTORS OF A HEALTHY LIFESTYLE	FACTORS OF A HEALTHY LIFESTYLE	FACTORS OF A HEALTHY LIFESTYLE
Explore what 'being healthy' means and why it is important.      Understand that food is necessary to keep our bodies healthy.      Identify that food choices can vary for families/cultures.      Name/describe different physical activities and identify ones they enjoy.      Explain how physical activity can help us to stay healthy.      Understand that sleep and relaxation are important for growing and keeping healthy.      Talk about healthy ways to feel good, calm down or change their mood.	Explain what a healthy lifestyle is and why it is important.     Understand what a healthy, balanced diet may include.     Understand what an informed choice is.     Identify opportunities for physical activity within their everyday lives.     Describe some consequences of being physically inactive, on the mind and body.     Identify routines that support good quality sleep.     Explore strategies and behaviours that support mental health.	Identify things that can affects someone's physical/mental health. Explain what constitutes a healthy diet and the risks associated with not having one. Reflect on what may influence our choices to have a balanced lifestyle. Identify what good physical health means and how to seek help if they are worried about their health. Recognise habits that can have both positive/negative effects on a healthy lifestyle. Understand routines/strategies that support good quality sleep; the effects of lack of sleep.
		Identify strategies and behaviours that support mental health.
HYGIENE, HEALTH AND PREVENTION	HYGIENE, HEALTH AND PREVENTION	HYGIENE, HEALTH AND PREVENTION
Demonstrate how to brush teeth.     Explain what good dental care is understanding the foods/drinks that support it.     Demonstrate simple hygiene routines that stop germs from spreading.     Begin to recognise different ways of staying healthy in the sun.     Understand what it means to take a break and how this is important for our health.	Explain what good dental health means, including how to brush and floss.     Identify the effects of different foods/drinks on the teeth.     Identify the everyday hygiene routines that can limit the spread of infection.     Identify the benefits/risks of sun exposure.     Describe how the five ways to wellbeing can be used as a tool to help keep a healthy balance.	Identify the everyday routines that improve dental health. Identify the everyday routines/habits that can limit the spread of infection. Understand the wider importance of personal hygiene and how to maintain it. Explain how to keep safe from sun damage and reduce the risk of skin cancer. Identify the benefits of the internet and strategies for managing/balancing time online/offline.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
To explain why we need to eat food. To know which foods we should eat more/less of (in particular sugary foods) To explain that sleep and relaxing is important for health. To explain that physical activity is important for health. To know that good handwashing helps to prevent the spread of germs.	To create a healthy balanced meal based on the Eatwell guide being able to name some foods from each group.  To explain the consequences of an inactive lifestyle on health and wellbeing  To know what to do to have good dental hygiene and what will happen if a person does not have good dental hygiene.	To identify influences about food choices. To identify pros and cons of technology. To identify ways of keeping good physical and mental health.
VOCAB	VOCAB	VOCAB
sugar, balanced diet, personal hygiene, physical	Eatwell guide, inactive lifestyle, dental hygiene	microbes, technology, influences, mental health
activity.  Assessment Suggestion Baseline: Draw an outline of a person on the board and as a group mind map what they consider should be added if that person was considered healthy. What would they be doing? What would they be eating? What would they be thinking? What would their life be like? Summative: Using the outline of the person used in the baseline activity ask. Are there things that they would like to change or include? Use different colour crayons to show the change.	Assessment Suggestion Baseline: Create an A-Z of how to keep healthy (see page 135) Introduce a time limit in which to create this. Summative: Repeat the exercise. Hopefully they will be able to do it more quickly and have a better understanding of how to stay healthy.	Assessment Suggestion Baseline: Ask individual children to create a chart titled: 'The 5 Ways to Wellbeing, Each column should be titled: connect; be active; take notice; keep learning; and give. Without giving them any further ideas, ask them to fill in examples of what these could involve in order to improve wellbeing.  Summative: Return the charts to the children and ask them to add to their columns.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
<ul> <li>disability (hidden diability-mental health)</li> </ul>	<ul> <li>disability (hidden diability-mental health)</li> </ul>	<ul> <li>disability (hidden diability-mental health)</li> </ul>
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul><li>individual liberty</li><li>mutual respect</li></ul>	Individual liberty     mutual respect	<ul> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>





#### **BULLYING MATTERS**

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
About Bullying	About Bullying	About Bullying
<ul> <li>Explore what is bullying and what is not.</li> <li>Recognise kind and unkind behaviour in themselves and others.</li> <li>Identify that bodies and feelings can be</li> </ul>	Describe different types of bullying including the role of a bystander.     Recognise that our behaviour can affect others.	Explain what direct, indirect and cyberbullying means.     Identify when banter or other behaviour becomes unkind.
hurt by words and actions.  • Understand that hurtful behaviour is not acceptable.	Identify how the body may react to unhappy or uncomfortable feelings.     Explain the consequences of hurtful/bullying behaviour and understand	Analyse ways to identify and manage uncomfortable feelings online/offline.     Explore the impact and consequences of bullying and discrimination, identifying
Chushonias and Cumpout	neither are acceptable.  Strategies and Support	positive ways to challenge it.  Strategies and Support
• Explore simple strategies to resolve	Explain positive strategies they can use if	Identify positive strategies that may help
arguments between friends.  • Understand how to report bullying and who they can talk to.	Subject to bullying or hurtful behaviour on or offline.     Recognise the importance of seeking support and identify how they might do this.	to resolve disputes in friendships.  • Describe some barriers to accessing support.  • Recognise the importance of seeking support if feeling lonely, excluded or unsafe.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
To articulate that bullying is unkind behaviour happening several times on purpose.  To name some trusted adults they can report bullying to.	To give reasons people might bully To articulate ways to be kind online To identify strategies they can use if they are being bullied.	To articulate what discrimination is and how this links to bullying, linking to the protected characteristics.  To discuss the consequences of discrimination linking to protected characteristics.  To identify strategies for solving disputes in friendships.
VOCAB	VOCAB	VOCAB
friendship, relationship, bullying, trusted adult, kindness, unkind, feelings	bystander, strategy, disability, difference.	banter, discrimination, protected characteristics, cyber bullying, direct and indirect bullying.
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion
Assessment Suggestion Baseline: Draw a picture of what a bully looks like. Summative: Ask the children three things they have learnt.	Assessment Suggestion Baseline: Ask the children the question: 'What is bullying?' Summative: Write down five consequences of bullying.	Assessment Suggestion  Baseline: Wite down everything you know about bullying. In a different colour add all the new things you learn as you work through the topic. Summathes: On the state of paper with the alphabet of the state of the sta
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
disability     race     religion or belief	disability     race     religion or belief     sex	<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>race</li> <li>religion or belief</li> <li>sex</li> <li>sexual orientation</li> </ul>
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>	individual liberty     mutual respect     tolerance of those of different faiths and beliefs.	<ul> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>





#### **GROWING UP**

KS1	LKS2	UKS2 (split between Y5 and 6)
Growing and Changing	Growing and Changing	Growing and Changing
Name the main parts of the body	Explain how daily hygiene helps to reduce	Understand the processes of reproduction
including vagina and penis.	the spread of infection.	and birth as part of the human life cycle -
<ul> <li>Recognising the difference between male</li> </ul>	Explain how adults care for a baby during	that babies start from an egg and sperm.
and female body parts.	and after pregnancy.	Explore physical and emotional changes
Understand the human life cycle and that	Recognising that individuality and personal	that happen during puberty.
people grow from young to old.	qualities contribute to who we are.	Identify the external genitalia and internal
Describe ways that people's needs and		reproductive organs and how the process
bodies change as they grow.		of puberty relates to human reproduction.
Talk about some ways to keep clean.		• Explain the how babies are conceived,
Understand that babies grow in the		born and cared for.
mothers' body and have particular needs		Know some key facts about menstruation.
when they are born.		Identify the importance of keeping clean
Recognise what makes them special and		and how to maintain personal hygiene
unique.		whilst growing and changing.
		Reflect on the responsibilities of being a
		parent or carer and how having a baby
		changes someone's life.
		Identify and value personal strengths, skills,
		achievements and interests.
Privacy, Boundaries and Consent	Privacy, Boundaries and Consent	Privacy, Boundaries and Consent
TAUGHT EACH YEAR THROUGH NSPCC	TAUGHT EACH YEAR THROUGH NSPCC	TAUGHT EACH YEAR THROUGH NSPCC
PANTS AND SPEAK OUT STAY SAFE	PANTS AND SPEAK OUT STAY SAFE	PANTS AND SPEAK OUT STAY SAFE
Understand that some parts of the body	Explain what is meant by privacy and	Understand what consent means and
are private.	personal boundaries.	how to seek and give/not give permission
Identify different types of touch and how	Recognise uncomfortable/comfortable	in different situations.
they make people feel.	behaviour online/offline.	Analyse when behaviour including
Understand the difference between happy	Know when it is right to break or keep a	physical touch is acceptable,
surprises and secrets that make them feel	confidence or share a secret. Know how	unacceptable, wanted or unwanted in
uncomfortable or worried and how to get	to ask for help.	different situations.
help.		Respond appropriately if someone asks
		you to keep a secret that makes you feel
		uncomfortable. Identify who to ask for help.
OUTCOMES (TO ASSIST SUMMATIVE	OUTCOMES (TO ASSIST SUMMATIVE	OUTCOMES (TO ASSIST SUMMATIVE
ASSESSMENT)	ASSESSMENT)	ASSESSMENT)
• To identify the main differences between male	<ul> <li>To identify male and female stereotypes and</li> </ul>	To know how a baby is made (human
and female bodies, including using penis and	explain why we need to tackle stereotypes.	reproduction) and name external genitalia
vagina to name external genitalia.	To identify positive qualities not linked to	and internal reproductive organs.
•To identify stages of the human life cycle from	personal appearance.	To know what happens to males and females
baby to adult.	To identify touch and behaviour they would	physically and emotionally during puberty
•To know that the parts of the body covered by	find comfortable and uncomfortable.	(including menstruation) and how to
the pants are private.		maintain personal hygiene during puberty.
<ul> <li>To know that they should not keep a secret</li> </ul>		Understand how social media can be used
that makes them uncomfortable.		positively and negatively and how images on
		social media can be manipulated.
		To understand the meaning of the word
		consent and how this can apply to a range of
		situations.
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VOCAB	VOCAB	VOCAB
penis, vulva, male, female, touch, secret,	personal space, consent, positive qualities,	penis, vagina, womb, ovaries, fallopian tubes,
surprise, private, body parts, pants,	gender stereotypes, comfortable, uncomfortable	ovum, sperm, conceive, conception, umbilical
sui prise, private, body parts, pants,	touch and behaviour, safe, unsafe.	cord, menstruation, puberty, emotions, social
	touch and behaviour, sale, unsale.	media, consent, emotions,
Assassment Suggestion	Associament Suggestion	Assessment Suggestion
Assessment Suggestion	Assessment Suggestion	
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion  Baseline:
Baseline: Ask the children is it okay to keep a secret?	Baseline:	Use a question box to enable the children to ask any
Record their responses.	In pairs, write a definition of growing up.	question they want about growing up.
Summative:  Ask the children is it okay to keep a secret? Record and	Summative:	Summative: Ask the class to brainstorm individually everything they
compare responses with the baseline activity.	In pairs, write a definition of growing up.	know about how their bodies and emotions will change in
	They should be able to reflect on what they now know.	puberty.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
• sex	• sex	marriage and civil partnership
50	50.1	pregnancy and maternity
		• race
		religion or belief
		• sex
		sex     sexual orientation
DDIWIGH WALLING		
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
BRITISH VALUES  the rule of law individual liberty	the rule of law     individual liberty	the rule of law     individual liberty





mutual respect tolerance of those of different faiths and beliefs.

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#### **BEING ME**

Being Unique and Special   Sering Unique and Special	Recognise and share facts about themselves. Identify their likes and dislikes and what they are good at. Talk about some ways that they are special.  Understanding Similarities and Differences Recognise how friends can have both similarities and differences. Show some simple ways to respect and celebrate other's differences.  Being Part of a Community  Name some groups that they belong to. Talk about how being part of a group
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to ethnicity, culture/beliefs, gender and disability.  • Explain what respect means.   **Total disability.**  • Explain what respect means.   **Total discrimination and think of examples e.g. race, gender, sexuality, disability, mental health.  • Identify their own skills, talents and abilities.  • Explain what diversity is and what a divers community means to them.   **YOCAB**  **Similar, different, unique, positive qualities, community, belong, school, class.   **POCAB**  **personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, disability, community, difference.  **Identify their own skills, talents and abilities.  **Explain what diversity is and what a divers community means to them.   **POCAB**  **Skills, talents, abilities, traits, strengths/weaknesses, interests, hobbies, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
disability.  • Explain what respect means.    VOCAB   Similar, different, unique, positive qualities, community, belong, school, class.    VOCAB   Similar, different, unique, positive qualities, community, difference.   VOCAB   Similar, difference, disability, community, difference.	community
• Explain what respect means.  • Explain what respect means.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what respect means.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a divers community means to them.  • Explain what diversity is and what a diversity is and	
VOCAB similar, different, unique, positive qualities, community, belong, school, class.      VOCAB similar, different, unique, positive qualities, community, belong, school, class.      VOCAB similar, different, unique, positive qualities, community, difference.      VOCAB skills, talents and abilitie      VOCAB skills, talents, abilities, traits, strengths/weaknesses, interests, hobbies, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
VOCAB similar, different, unique, positive qualities, community, belong, school, class.  personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, disability, community, difference.  personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, disability, community, difference.  community means to them.  VOCAB  skills, talents, abilities, traits, strengths/weaknesses, interests, hobbies, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
VOCAB similar, different, unique, positive qualities, community, belong, school, class.  VOCAB personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, disability, community, difference.  VOCAB skills, talents, abilities, traits, strengths/weaknesses, interests, hobbies, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
similar, different, unique, positive qualities, community, belong, school, class.  personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, disability, community, difference.  personality, ethnicity, interests, culture/beliefs, gender stereotypes, discrimination, respect, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
community, belong, school, class.  gender stereotypes, discrimination, respect, disability, community, difference.  strengths/weaknesses, interests, hobbies, likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
disability, community, difference. likes/dislikes, attitude, aspirations, beliefs, quirks, hidden disability, community, race,	
quirks, hidden disability, community, race,	community, belong, school, class.
<u>Assessment Suggestion</u> <u>Assessment Suggestion</u> <u>Assessment Suggestion</u>	Assessment Suggestion
Assessment Suggestion Assessment Suggestion Assessment Suggestion	Assessment Suggestion
Baseline:  Baseline:  Create cards with good qualities written on them.  Baseline:  Each child creates their own Diamond 9 (see page 138)	
Draw and write what makes you special.  For example, I am strong, I forgive people, I am kind, I am brave, etc. Children can pick cards that apply to or help in terms of content, just method.	Draw and write what makes you special.
Summative:  Add to the picture in a different colour anothing also  Summative:	
Add to the picture in a different colour anything eise picked them.  you would like to add. What have you noticed?  Summative:  Repeat the process allowing the children to change strengths and the Diamond 9. Ask them to write a few	
Repeat the process. Have children become more lines explaining why they've made the changes they	Add to the picture in a different colour anything else
Confident and sen-aware?	Add to the picture in a different colour anything else
	Add to the picture in a different colour anything else you would like to add. What have you noticed?
disability     disability     disability	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS
race	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age
• religion or belief • race • pregnancy and maternity	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race
• sex • religion or belief • race	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief
• sex • religion or belief	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief
• sex • sexual orientation	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief
	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief
individual liberty     individual liberty     individual liberty	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief sex
mutual respect     mutual respect     mutual respect	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief sex  BRITISH VALUES
tolerance of those of different faiths tolerance of those of different faiths tolerance of those of different faith	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief sex  BRITISH VALUES  individual liberty
and beliefs. and beliefs. and beliefs.	Add to the picture in a different colour anything else you would like to add. What have you noticed?  PROTECTED CHARACTERISTICS  age disability race religion or belief sex  BRITISH VALUES  individual liberty mutual respect





#### **DIFFERENCE AND DIVERSITY**

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
Similarities and Differences	Similarities and Differences	Similarities and Differences
Recognise ways they are the same as and different to others.     Talk about some ways that they are special.     Express their thought and opinions and recognise that others can be different.	<ul> <li>Discuss a range of the similarities/differences between people.</li> <li>Explore what contributes to who we are.</li> <li>Listen actively to others' views and explore how they are the similar or different to their own.</li> </ul>	Reflect on diversity and what it means; the benefits of living in a diverse community. Recognise their individuality and identify their personal qualities. Understand that their views and opinions come from their different backgrounds and experiences. Model how to discuss or debate respectfully.
Respecting Others	Respecting Others	Respecting Others
Talk about some ways to treat themselves and others with kindness.     Know what it means if something is fair or unfair.	Recognise the importance of self-respect and demonstrate ways to respect others.     Recognise and challenge stereotypes.     Explain the concept of being equal.	Explain the importance of having respect and compassion for self and others.     Recognise how stereotypes are perpetuated and have some strategies to challenge positively.     Identify different types of discrimination and recognise the impact they can have.     Understand that there are laws about discrimination so that we can live in a fair society.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
<ul> <li>Identify similarities and differences between themselves and others in their class.</li> <li>Explain what family means and describe how this can be different for different people.</li> <li>Identify a contrasting locality to their own and explain how the lives and relationships of the people living there are the same/different to their own.</li> </ul>	<ul> <li>Identify what represents them in terms of culture, religion, family and interests and compare to others in the class identifying similarities and differences.</li> <li>To explain what stereotyping is and describe the negative effects of this.</li> <li>To explain what discrimination is and describe the negative effect of this.</li> </ul>	<ul> <li>Explain what makes up a person's identity.</li> <li>Identify examples of discrimination in history</li> <li>Identify some disabilities and how people might be discriminated against because of their disability.</li> <li>Suggest ways to tackle discrimination.</li> <li>Understand the meaning of the words: lesbian, gay, heterosexual, and identify when these words might be used inappropriately and what the consequences of this could be.</li> </ul>
VOCAB	VOCAB	VOCAB
same, similar, different, equal, contrasting locality, family	culture, religion, family, stereotyping, discrimination, hate, negative effect, acceptance, inclusion.	Personality, interests, age, culture, religious beliefs. discrimination, prejudice, lesbian, gay, heterosexual.
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion
Assessment Suggestion Baseline: Draw and write activity, 'A family looks like' The child then draws a picture and can label it and/or write sentences beside it to explain. Summative: Use the Draw and write activity which was completed in the baseline task and add anything else in a different colour.	Assessment Suggestion Baseline: Draw and write activity. What do we mean by stereotyping? Summative: Repeat the activity again adding more information in a different colour. The differences will allow you to identify what the class now understand and what still needs to be learnt.	Assessment Suggestion Baseline: Draw/write: What is prejudice? Summative: Complete the baseline task again. Compare responses. What new information and understanding has been gained?
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>pregnancy and maternity</li> <li>race</li> <li>religion or belief</li> <li>sex</li> </ul>	<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>pregnancy and maternity</li> <li>race</li> <li>religion or belief</li> <li>sex</li> </ul>	<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>pregnancy and maternity</li> <li>race</li> <li>religion or belief</li> <li>sex</li> <li>sexual orientation</li> </ul>
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>	<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>	<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>





#### BEING RESPONSIBLE

<u>KS1</u>	LKS2	<u>UKS2</u>
Rules and Responsibilities	Rules and Responsibilities	Rules and Responsibilities
Understand what a rule is and that we follow rules to help each other.     Understands that rules need be fair.     Give examples of rules from different	Explain why rules and laws are important.     Explore the consequences of not having rules and laws or of breaking them.     Describe some basic human rights.	Explore how law protects our rights and how to respond respectfully if something is not within the law.     Recognise that human rights are there to
situations. Identify simple responsibilities they have.  • Describe some simple ways to manage waste.	Understand that rights come with responsibilities.     Describe what climate change is and some ways we can all help to reduce the effects.	protect everyone.  • Understand the relationship between rights and responsibilities, providing examples.  • Explain the importance of protecting the environment and set personal everyday actions.
Community and Care	Community and Care	Community and Care
Recognise that people have different needs.     Describe some ways to care for people, animals and other living things.	Explore what is meant by a community and the differences between needs and wants within a community.     Explore and identify the welfare needs of animals and humans.	Recognise how we can support others within a community.     Identify diversity within a community and explore how we can celebrate this.     Recognise the importance of having compassion towards others and explain how to show care and concern.
OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)
To discuss their rights in the classroom, playground and at home and the responsibilities go with these. To identify their responsibility to look after the environment through: reduce, reuse, recycle.	<ul> <li>To understand that it is their responsibility to behave in a way that does not affect the rights of others</li> <li>To identify things they would need to grow and live happily, distinguishing clearly between wants and needs.</li> <li>To understand that voting is a fair way for a group to make a decision.</li> <li>To understand that we have a responsibility to look after planet Earth</li> </ul>	<ul> <li>To know the difference between a rule and a law.</li> <li>To know that everyone has a right to be protected by the law.</li> <li>To know how to support the local community, including how to support diversity.</li> <li>To understand that they have a responsibility to look after the earth to prevent climate change</li> </ul>
VOCAB	VOCAB	VOCAB
rights, responsibilities, fair, reduce, reuse, recycle	responsibilities, rights, wants, needs,	human rights, universal declaration of human rights, united nations, rules, laws, parliament, democracy, community climate change
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion
Assessment Suggestion Baseline: Draw pictures of responsibilities that you have at home and at school. Summative: Set goals of being more responsible at home and school. Have you achieved the goals?	Assessment Suggestion Baseline: What 'super skills' do you have at the start of the topic? (Use the assessment wheel page 27). Summative: How have your 'super skills' improved?	Assessment Suggestion Baseline: What 'super skills' do you have at the start of the topic? (Use the assessment wheel on page 27.) Summative: How have your 'super skills' improved?
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
	<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>pregnancy and maternity</li> <li>race</li> <li>religion or belief</li> <li>sex</li> <li>sexual orientation</li> </ul>	<ul> <li>age</li> <li>disability</li> <li>marriage and civil partnership</li> <li>pregnancy and maternity</li> <li>race</li> <li>religion or belief</li> <li>sex</li> <li>sexual orientation</li> </ul>
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>	<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>	<ul> <li>democracy</li> <li>the rule of law</li> <li>individual liberty</li> <li>mutual respect</li> <li>tolerance of those of different faiths and beliefs.</li> </ul>





#### BEING SAFE

<u>KS1</u>	LKS2	<u>UKS2</u>
Keeping Safe	Keeping Safe	Keeping Safe
Explore basic rules for keeping safe online e.g.	Explain basic strategies to help keep	Identify strategies for keeping safe online
not to share information, whom to tell if they see	themselves safe online e.g. passwords, using	including how to report the misuse of personal
something online that is upsetting, the	trusted sites, identifying misinformation,	information or sharing of upsetting
importance of passwords and the importance of	sharing information, who to trust, how to report.	content/images, the importance of personal
adult supervision.	Identifying situations where age restrictions	responsibility, balancing time online/offline.
Talk about examples of rules and age	apply.	Explain reasons for age restrictions/
restrictions that are there to keep them safe.	Identify and assess risk online/offline.	regulations.
Identifying possible risks/hazards in the home	(Including in the home and when playing out).	Predict, assess and manage risks online and
and outside.	Discuss ways to reduce risks at home and in	offline. (Including road and water safety).
Explore how to keep safe and reduce risks at	the local environment in order to stay safe.	• Explore how the pressure/excitement in the
home and in their local environment.  OUTCOMES (TO ASSIST SUMMATIVE	OUTCOMES (TO ASSIST SUMMATIVE	moment can affect how we manage risk.  OUTCOMES (TO ASSIST SUMMATIVE
ASSESSMENT)	OUTCOMES (TO ASSIST SUMMATIVE ASSESSMENT)	ASSESSMENT)
To know the rules of staying safe when	To know how to stay safe when playing in the	To know how to stay safe when playing age-
crossing the road and be able to implement	local environment.	appropriate games online.
them when crossing the road.	To know how to stay safe when playing age-	To know risks involved with online gaming,
To know that it is important to have a	appropriate games online.	live streaming and social media, including
username when playing online and give	To know what consent means in a variety of	how it can impact self-esteem.
suggestions for suitable usernames.	situations.	To understand the importance of having a
To know how to ask for help when something	To understand that people are not always	healthy balance of screen-time and be able to.
is confusing or upsetting online.	who they say they are online.	To know the risks involved with open water
To understand the word 'privacy' and identify	To have strategies to use when something	and apply this knowledge when making
some things that should be kept private (link	online upsets them.	decisions about playing in the local area.
to NSPCC 'PANTS').		1 3 8
To articulate how to stay safe when accessing		
age-appropriate content/games		
VOCAB	VOCAB	VOCAB
road safety, privacy, online safety, username,	Consent, hazard, safety, online safety,	Local safety issues, water safety, screen time,
age restrictions,	Consent, nazaru, sarety, omme sarety,	healthy balance, self-esteem, risk, live streaming.
Assessment Suggestions	Assessment Suggestions	Assessment Suggestions
133660116110 0418860010110	1100000ment buggestions	
Assessment Suggestion		Assessment Suggestion
Baseline:	Assessment Suggestion	Baseline:
Discuss what websites, games and/or any other ways	Baseline: : Draw/write: What risks might someone of	Provide a box. Ask pupils to post the top 10 risky situation children of their age may experience.
they use the Internet.	your age experience?	This may inform future planning.
Summative: As a class develop a class display. For example, use hand	Summative: Draw/write: What risks might someone of	Summative:
outlines. Together write five ways on the digits, about	your age experience?	Provide appropriate sentence stems for example:
how they can keep themselves and/or others safe online,	Add any new ideas in a different colour.	I have learnt that
at home, near the road etc.		This has made me think differently because
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
age (with reference to restrictions)	age (with reference to restrictions)	age (with reference to restrictions)
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul> <li>democracy</li> </ul>	<ul> <li>democracy</li> </ul>	<ul> <li>democracy</li> </ul>
the rule of law	• the rule of law	• the rule of law
<ul> <li>individual liberty</li> </ul>	individual liberty	<ul> <li>individual liberty</li> </ul>
<ul> <li>mutual respect</li> </ul>	mutual respect	mutual respect
<ul> <li>tolerance of those of different faiths</li> </ul>	<ul> <li>tolerance of those of different faiths and beliefs.</li> </ul>	tolerance of those of different faiths
and beliefs.		and beliefs.





#### FIRST AID

KS1	LKS2	UKS2
Recognises what to do if there is an accident and someone gets hurt. Know to keep themselves safe first. Demonstrate how to ask for help including calling 999. Explain what first aid is and demonstrate basic techniques for dealing with common injuries such as asthma attacks and bites/stings. To demonstrate carrying out the primary survey and putting a person into the recovery position. To know the signs that someone is choking and how to respond to this.	Identify why first aid is important and demonstrate how to ask for help including calling 999 in an emergency     To demonstrate carrying out the primary survey and putting a person into the recovery position.     To know how to treat a burn.     To know what a bone injury might look like and how to treat it.     To know how to tray minor bleeds.     To recognise the signs of electric shock and know how to keep themselves safe in this situation.	Identify hazards that may cause injury.     Explain how to respond in an emergency, including when and how to contact different emergency services     To demonstrate carrying out the primary survey and putting a person into the recovery position.     To demonstrate how to respond to a bleed.     To identify the symptoms of shock and demonstrate responding to this.     To demonstrate responding to someone who has fainted.     To know what a seizure is and how to respond in this situation.     To know how to respond if someone has eaten or drunk something poisonous.
OUTCOMES (To assist summative assessment)	OUTCOMES (To assist summative assessment)	OUTCOMES (To assist summative assessment)
<ul> <li>To demonstrate the primary survey and putting a person into the recovery position.</li> <li>To know some of the items within a first aid kit.</li> <li>To demonstrate how to respond when someone chokes.</li> <li>To demonstrate what to do if someone is having an asthma attack.</li> <li>To demonstrate calling for an ambulance.</li> <li>To demonstrate what to do if someone has a bite or sting.</li> </ul>	<ul> <li>To demonstrate the primary survey and putting a person into the recovery position.</li> <li>To demonstrate calling for an ambulance.</li> <li>To demonstrate how to treat a minor bleed (cuts and grazes)</li> <li>To demonstrate treating a burn.</li> <li>To identify the signs of a bone injury and demonstrate what to do it someone has one.</li> <li>To identify signs of electric shock and demonstrate what they would do in this situation.</li> </ul>	To demonstrate the primary survey and putting a person into the recovery position. To demonstrate contacting emergency services. To demonstrate how to respond to a bleed. To identify the symptoms of shock and demonstrate responding to this. To demonstrate responding to someone who has fainted. To know what a seizure is and how to respond in this situation. To know how to respond if someone has eaten or drunk something poisonous.
<u>VOCAB</u>	<u>VOCAB</u>	<u>VOCAB</u>
Primary survey, recovery position, emergency services, asthma, bites, stings, first aid kit	Primary survey, recovery position, emergency services, bleed, burn, bone injury, electric shock	Primary survey, recovery position, emergency services, bleed, shock, faint, seizure, poison.
Assessment suggestion	Assessment suggestion	Assessment suggestion
Through role play, pupils show how to respond to the above situations.	Through role play, pupils show how to respond to the above situations.	Through role play, pupils show how to respond to the above situations.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
n/a	n/a	n/a
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
n/a	n/a	n/a





#### RELATIONSHIPS

KS1	LKS2	UKS2
Friendships	Friendships	Friendships
<ul> <li>Explain what makes a good friend/ friendship.</li> </ul>	Identify what makes a positive healthy or	Reflect on what the qualities of a good
Talk about some ways to make friends.  Finding has in to also in the property of the prop	unhealthy friendship.	friendship/relationship are and are not.  • Identify and apply strategies that support
<ul> <li>Explain basic techniques for resisting pressure.</li> <li>Recognise kind and unkind behaviour.</li> </ul>	<ul><li>Identifying strategies to build friendships.</li><li>Understand the difference between</li></ul>	healthy friendships. Use strategies to manage
Name the special people in their lives.	persuasion, influence and pressure.	peer influence and the need for peer approval.
Resolve conflict in simple ways e.g. choosing to	Explain how kindness can support wellbeing.	Explore what a loving caring relationship
share, take turns, etc.	Recognise there are different types of	means.
Tell someone if you are worried about	relationships.	Understand what marriage and civil
something in a relationship/family.	Explain what can cause arguments with	partnership means.
	friends and describe some ways to resolve them.  • Recognise the importance of asking for help if	Understand that forced marriage is a crime.     Use strategies to positively resolve disputes
	we feel worried, lonely or excluded	and reconcile differences in friendships.
	·	Friendships
		Explain when and how to seek advice if family,
		friendship or relationships make them unhappy
Families	Families	through a range of options.  Families
Talk about some ways that their family is the	Recognise that there are different types of	Explore and respect that there are different
same or different to others.	family structures.	family structures in society.
Describe some things they enjoy doing with	Explain what it means to be part of a family.	Reflect on how being part of a family provides
their family and how it makes them feel.		stability and love.
OUTCOMES (to assist summative assessment)	OUTCOMES (to assist summative assessment)	OUTCOMES (to assist summative assessment)
To explain ways to form new friendships and	To know what makes a healthy/unhealthy	To suggest strategies for dealing with an
how to be a good friend.	relationship.	unhealthy relationship.
Make suggestions about how to help someone	To describe their family unit and understand	In the context of going to secondary school,
who is lonely.	that different people have different family	identify what is important when making new
To suggest some ways to resist pressure from peers or friends.	structures.  To know when we should keep a secret and	friendships.  To know the meaning of passive, aggressive
<ul> <li>To identify people in their life who are special</li> </ul>	when we should tell someone.	and assertive in the context of relationships.
to them.	To understand the terms: fairness,	To know what marriage and civil partnership
	compromise and problem solving and know	is and why people decide to enter into these.
	that they are key components of a healthy	To respect differences in family units.
	relationship.	To know the difference between an arranged
		marriage and forced marriage (including knowing that forced marriage is illegal in the
		United Kingdom).
<u>VOCAB</u>	<u>VOCAB</u>	<u>VOCAB</u>
Friendship, loneliness, relationship, special, peer	Healthy/unhealthy relationship, jealousy,	Passive, aggressive, assertive, marriage, civil
pressure	insults, shouting, power, fairness, not equal,	partnership, forced marriage, arranged
	control, respect, support, love, honesty, problem solving, compromise, family, kindness.	marriage, foster carer, adopted, same sex parents, differences.
Assessment suggestion	Assessment suggestion	Assessment suggestion
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion
Baseline:	Baseline:	Baseline:
What makes a good class mate?	Write 10 things that describe a healthy relationship.	Jenny and John often experience different friendship problems. Give out paper and ask the class to write the
Summative:	Summative:	types of problems Jenny and John may experience.
Can the children add more suggestions in a different	Add to the baseline activity in a different colour any	Summative:
colour pen to the baseline question?	words/skills that you have learnt about that makes a	Set a group challenge to create a magazine about 'relationships.' The aim is to allow the class to practise
	healthy relationship.	group working skills as well as explore what they have
		learnt about relationships.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
<ul><li>marriage and civil partnership</li><li>religion or belief</li></ul>	<ul><li>race</li><li>religion or belief</li></ul>	age (in terms of legal age restrictions for marriage)
rengion of benef	• sex	marriage and civil partnership
		pregnancy and maternity
		• race
		religion or belief
		<ul><li>sex</li><li>sexual orientation</li></ul>
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
<ul> <li>democracy</li> </ul>	<ul> <li>democracy</li> </ul>	<ul> <li>democracy</li> </ul>
individual liberty	<ul> <li>individual liberty</li> </ul>	• the rule of law
mutual respect     talerance of those of different faiths.	<ul> <li>mutual respect tolerance of those of different faiths</li> </ul>	individual liberty     mutual request
<ul> <li>tolerance of those of different faiths and beliefs.</li> </ul>	tolerance of those of different faiths and beliefs.	mutual respect     tolerance of those of different faiths
una beners.	una beneig.	and beliefs.
		una voncio





#### **MONEY MATTERS**

<u>KS1</u>	<u>LKS2</u>	<u>UKS2</u>
Economic Wellbeing	Economic Wellbeing	Economic Wellbeing
Understand what money is and its different forms.	<ul><li>Explain some different ways to pay for things.</li><li>Explain some different ways to keep track of</li></ul>	Understand what a bank account is and how this is linked to payment.
Describe some ways money can be looked	money.	Understand the risks associated with money
after.	Identify that people have different attitudes	and ways of keeping money safe
Recognise that people make different choices	towards saving/spending.	Identify the risks involved in gambling
about how to spend/save money.	Recognise that people make spending	activities.
Talk about some things we all need and some things we want but don't need.	decisions based on needs, wants and priorities.  • Identifying the ways that money can impact on	Explain some ways to get help if they are
things we want but don't need.	people's feelings.	concerned about gambling or other financial risks.
	Recognise that people's spending decisions can	Reflect on the role that money plays in
	affect others and the environment	people's lives, attitudes towards it and what
		influences decisions about spending and saving.
		Identify the impact that having or not having money can have on a person's wellbeing.
		• Explain some ways that money is/can be
		distributed to benefit the community.
Work, Aspirations and Careers	Work, Aspirations and Careers	Work, Aspirations and Careers
Know that everyone has different strengths	Recognise positive things about themselves	Identify how skills can help them with their
<ul><li>and talents, in and out of school.</li><li>Name some different jobs that people do.</li></ul>	and their achievements.  • Identify some of the skills that may help them	future career.  • Identify jobs that they might like to do in the
Walle some different jobs that people do.	in their future careers.	future.
		Discuss their views on how or why someone
		may or may not choose a certain career.
		Recognise a variety of routes into careers.      Fundamental and a strategies to shall ange.
		Explore some strategies to challenge stereotypes and to understand the impact this
		can have on aspirations.
OUTCOMES (to assist summative	OUTCOMES (to assist summative	OUTCOMES (to assist summative
assessment)	assessment)	assessment)
<ul><li>To know what coins and notes are.</li><li>To know that people can use cash or debit card</li></ul>	To identify different ways to pay for things.     To know what a bank is and why we need	To know how to keep money safe and how to spot a scam.
to pay for things.	them.	•To know what the deductions on a payslip are
•To begin to understand the difference between	•To interpret a bank statement	for and what taxes go towards paying for.
wants and needs and the idea of saving up for	•To suggest ways to save energy and therefore	•To know what gambling is and the risks
things they want.  •To be able to name some occupations and the	money. •To suggest ways to save water and therefore	involved.  •To understand that stereotypes should not
skills needed to perform these.	money.	affect their aspirations in terms of career
, , , , , , , , , , , , , , , , , , ,	•To explain what 'enterprise' means suggest an	choice.
VIOCAR	enterprising idea.	WOOAR
VOCAB  Money, coins, value, debit card, budget, needs,	VOCAB  Bank, bank statement, bank account, payment,	VOCAB  Bank account, scam, gambling, risk, pay slip,
wants, jobs, pay, salary, occupation	account, credit, debit, balance, interest, loan,	deductions, entrepreneur, career choice,
	debt, tax, enterprise, saving energy,	aspirations, stereotypes
Assessment Suggestion	Assessment Suggestion	Assessment Suggestion
Assessment Suggestion Baseline:	Assessment Suggestion	Assessment Suggestion
Complete a draw and write activity of where money	Baseline: Ask the children, in pairs, to come up with what they	Baseline:  Complete the sentence stems. Tax is Interest is
comes from and how people get money.	would like to know about saving and spending money.	Debt is A loan is
Summative: Ask for three places we might want to save money, two	Summative:	Summative:  Explain five ways people could manage their money better.
reasons why we might spend money, and one situation in which money might make us feel sad.	Ask the children, in pairs, to brainstorm what they know about saving and spending money.	Explain tive ways people could manage their money better.
PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS	PROTECTED CHARACTERISTICS
<ul><li>age</li><li>disability</li></ul>		<ul><li>age</li><li>disability</li></ul>
• race		marriage and civil partnership
• sex		pregnancy and maternity
		• race
		• religion or belief
		sex     sexual orientation
BRITISH VALUES	BRITISH VALUES	BRITISH VALUES
mutual respect	individual liberty	democracy
tolerance of those of different faiths		• the rule of law
and beliefs.		individual liberty
		mutual respect
		<ul> <li>tolerance of those of different faiths and beliefs.</li> </ul>
		and peners.



