



PSHE Overview

FIRST AID: primary survey and recovery position, minor bleeding (cuts and grazes), electric shock.

Year Group: Year 4

Term: Spring 2

We Are Learning to:

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| <ul style="list-style-type: none"> Carry out a primary survey in an emergency situation where someone is injured. | <ul style="list-style-type: none"> Treat minor bleeding (cuts and grazes). |
| <ul style="list-style-type: none"> Put someone in the recovery position. | <ul style="list-style-type: none"> Treat the injured person when they have suffered a minor electric shock. |

- Talk about what to do if they or someone else in the household gets a cut or graze. Ensure that they know where plasters are kept in the house:
<https://www.sja.org.uk/get-advice/resource-archive/minor-bleeding-first-aid-lesson-plan/>
- Talk about the signs that someone may have had an electric shock:
<https://www.sja.org.uk/get-advice/first-aid-advice/minor-illnesses-and-injuries/low-voltage-electrocution/>

Useful conversations to have at home:

Please use the internet links for extra information.

- Discuss the primary survey in an emergency situation:

Check for Danger.

Check for a Response.

Open Airway.

Check Breathing.

Check Circulation.

Treat the steps as needed.:

<https://www.sja.org.uk/get-advice/first-aid-advice/how-to/how-to-do-the-primary-survey/>

- Ask you child to put you or another member of the household in the recovery position and explain to you what you are doing (they could 'teach' someone else how to do this):

<https://www.sja.org.uk/get-advice/first-aid-advice/unresponsive-casualty/how-to-do-the-recovery-position/>

