

PSHE Overview Drug Education

Year Group: Year 4

Term: Spring 1

British Values: The rule of law

Protected Characteristics: Disability

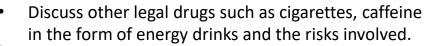
We Are Learning to:

- Recognising that habits can have both positive/negative effects on a healthy lifestyle.
 Understand how
- Understand the importance of taking medicines correctly and using household products safely.
- Understand how medicines, when used responsibly, contribute to health.
- Identify strategies for keeping safe.

- Identify how to predict, assess and manage risk.
- How to respond and react in an emergency situation.
- Understanding what hazards may cause harm or risk and what we can do to reduce risks/keep safe.
- Learn about the risks and effects of legal drugs common to everyday life.

Useful conversations to have at home:

Have a look at medicines you have at home and discuss with your child what they are used for and that they can be harmful if not taken correctly. Prescribed medicines: discuss how these should be only taken by the person prescribed the medicine and following the instructions.



- Have a look at harmful substances you may have at home e.g. bleach and discuss the symbols on these products and what is harmful about them.
- Discuss what to do in an emergency situation at home or out and about; ensuring they know how to contact emergency services and the information needed.