



PSHE Overview

Bullying Matters

Year Group: Year 1 Term: Autumn 2

Protected Characteristics: disability, race, religion or belief

British Values: individual liberty, mutual respect tolerance of those of different faiths and beliefs.

We Are Learning to:

Recognising simple strategies to resolve arguments between friends positively.

Identifying how people may feel if they experience hurtful behaviour or bullying.

Explaining how to report bullying and the importance of telling a trusted adult.
Recognising how to ask for help if a friendship is making them feel unhappy.

Recognising that bodies/feelings can be hurt by words and actions.

Recognising how to treat themselves and others with respect.

Identifying what is kind and unkind behaviour.
Understanding that hurtful behaviour is not acceptable.

Playing, listening and working cooperatively.

Identifying what to do if they feel worried.

Useful conversations to have at home:

- Encourage your child to talk to you about their day and any issues/concerns.
- Share your own experiences from school and how you tackled them.
- Discuss what to do if they feel someone is bullying them- encourage them to talk to their teacher.
- Point out characters that might be bullying others in stories films e.g. Cinderella and Three Little Pigs.

