



PSHE Overview - Relationships

Year Group: Year 6

Term: Autumn 2

We Are Learning to:

Recognise that there are different types of relationships.	Recognise the characteristics of healthy family life.
Understand what marriage and civil partnership means.	Recognise how to seek advice if family relationships make them unhappy.
Understand that forced marriage is a crime.	Identify the strategies to build positive friendships and how friendship can support wellbeing.
Recognise different types of loving, caring and committed relationships.	Identify what constitutes a positive healthy friendship.
Identify the difference between healthy/unhealthy relationships.	Compare the difference between healthy/unhealthy friendships.
Recognise and respect that there are different family structures.	Explore how friendships can change and the benefits of having different types of friends.

Useful conversations to have at home:

- Talk about healthy/unhealthy relationships.
- Talk about our family structure and why our family is important. Talk about what to do if a family or friendship relationship makes them unhappy.
- Talk about how friendships change as we get older especially in Secondary School.

