



## PSHE Overview – Being Me

Year Group: Year 6

Term: Autumn 1

### We Are Learning to:

Identify the different groups that make up their community.	Identify what contributes to who we are.
Describe the different contributions that people/groups make to the community.	Recognise that our own behaviour can affect other people.
Discuss diversity: what it means; the benefits of living in a diverse community; and how we value diversity within our communities.	Respect and recognise the differences and similarities between people.
Recognise behaviours/actions which discriminate against others and ways of responding to it if witnessed/experienced	Listen to and respond respectfully to a wide range of people.
Recognise positive things about themselves/achievements and can set goals.	

### Useful conversations to have at home:



- What activities happen in my community?
- What communities am I apart of?
- How do we deal with discrimination and hate?
- Discuss content in the news where you may see behaviours/actions which show discriminative behaviour against others.
- Talk about goals that you had growing up, how you achieved them, did they change as you got older?
- Talk about achievements and proud moments in your family.

