

PE Overview 2024/2025

	TERM 1		TERM 2		TERM 3	
Year 1	Fitness	Dance	Gymnastics	Orienteering	Athletics	Sports Day Preparation
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F
Year 2	Fitness	Dance	Gymnastics	Orienteering	Athletics	Sports Day Preparation
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F
Year 3	Fitness	Dance	Gymnastics	Orienteering	Athletics	Sports Day Preparation
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F
Year 5	Fitness	Dance	Gymnastics	Orienteering (Y4)	Athletics	Sports Day Preparation
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F
Year 6	Fitness	Dance	Gymnastics	Orienteering (Y5/6)	Athletics	Sports Day Preparation
	REAL PE Unit 1: Personal	REAL PE Unit 2: Social	REAL PE Unit 3: Cognitive	REAL PE Unit 4: Creative	REAL PE Unit 5: Physical	REAL PE Unit 6: H & F