



## PSHE Overview: Growing Up

**Year Group: Year 2**

**Term: Autumn 1**

**Protected Characteristics: Sex**

### We Are Learning to:

Identifying simple hygiene routines that can stop germs from spreading.	Explaining how people's needs change as they grow from young to old.
Identifying feelings associated with change/loss.	Recognising and understanding the importance of respecting privacy.
Recognising what makes them special.	Identifying how to respond if physical contact makes them feel uncomfortable/unsafe.
Naming the main parts of the body including external genitalia	Recognising the importance of not keeping adults' secrets.

Useful conversations to have at home:



- Talk about the parts of their body including external genitalia.
- Discuss how people change from young to old.
- Talk to your child about how to stop germs spreading.

British Values: The rule of Law, Individual liberty, mutual respect and tolerance of those of different faiths and beliefs.

