



PSHE Overview: Growing Up

Year Group: Year 2

Term: Autumn 1

Protected Characteristics: Sex

| We Are Learning to: | |
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| Identifying simple hygiene routines that can stop germs from spreading. | Explaining how people's needs change as they grow from young to old. |
| Identifying feelings associated with change/loss. | Recognising and understanding the importance of respecting privacy. |
| Recognising what makes them special. | Identifying how to respond if physical contact makes them feel uncomfortable/unsafe. |
| Naming the main parts of the body including external genitalia | Recognising the importance of not keeping adults' secrets. |

Useful conversations to have at home:



- Talk about the parts of their body including external genitalia.
- Discuss how people change from young to old.
- Talk to your child about how to stop germs spreading.

British Values: The rule of Law, Individual liberty, mutual respect and tolerance of those of different faiths and beliefs.

